

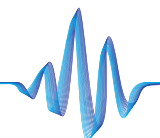
Name: \_\_\_\_\_

Date: \_\_\_/\_\_\_/\_\_\_

### Transexual Voice Questionnaire – TVQ (Male-Female) – page 1

Based on your actual experience of living as a female, please tick the response that fits you best.

1 = Never or Rarely, 2 = Sometimes, 3 = Often, 4 = Usually/ always	Rating Scale			
	1	2	3	4
People have difficulty hearing me in a noisy room.				
I feel anxious when I know I have to use my voice.				
My voice makes me feel less feminine than I would like.				
The pitch of my speaking voice is too low.				
The pitch of my voice is unreliable.				
My voice gets in the way of me living as a woman.				
I avoid using the phone because of my voice.				
I'm tense when talking with others because of my voice.				
My voice gets croaky, hoarse or husky when I try to speak in a female voice.				
My voice makes it hard for me to be identified as a woman.				
When I speak the pitch of my voice does not vary enough.				
I feel uncomfortable talking to friends, neighbours and relatives because of my voice.				
I avoid speaking in public because of my voice.				
My voice sounds artificial.				
I have to concentrate to make my voice sound the way I want it to sound.				
I feel frustrated with trying to change my voice.				
My voice difficulties restrict my social life.				
When I am not paying attention my pitch goes down.				
When I laugh I sound like a man.				
My voice doesn't match my physical appearance.				
I use a great deal of effort to produce my voice.				



## Transexual Voice Questionnaire – TVQ (Male-Female) – page 2

Based on your actual experience of living as a female, please tick the response that fits you best.

1 = Never or Rarely, 2 = Sometimes, 3 = Often, 4 = Usually/ always	Rating Scale			
	1	2	3	4
My voice gets tired quickly.				
My voice restricts the sort of work I do.				
I feel my voice does not reflect the 'true me'.				
I am less outgoing because of my voice.				
I feel self-conscious about how strangers perceive my voice.				
My voice 'gives out' in the middle of speaking.				
It distresses me when I'm perceived as a man because of my voice.				
The pitch range of my speaking voice is restricted.				
I feel discriminated against because of my voice.				
Total:				

Please provide an overall rating of your voice

	Rating Scale				
	Very female	Somewhat female	Gender neutral	Somewhat male	Very male
Currently my voice is...					
My ideal voice would sound:					

