

Name: _____

Date: ___/___/___

Email: _____

Aging Voice Index - AGI

These are statements that many people have used to describe their aging voice and the effects on their lives. Tick the response that indicates how frequently you have had the same experience in the last 4 weeks. If you do not have a problem with one of the statements, please tick zero (0) in response to the statement.

- 0 = Never**
- 1 = Almost never**
- 2 = Sometimes**
- 3 = Almost always**
- 4 = Always**

The results of these questions will be sent to your Speech Pathologist who will discuss them with you at your next appointment.

NB: Before completing this form, please ensure that you have made an appointment with Jenny Matthews, through Redlands Specialist Centre, (07) 3193 5436. These forms are specifically designed for patients to complete prior to the initial assessment and after you have made an appointment, you will be advised which forms are necessary for you to complete, depending on the reason for your appointment.

	0	1	2	3	4
People ask, "What's wrong with your voice?"					
Because of my voice problem, people can't hear me.					
My voice problem frustrates me.					
My voice problem causes me to run out of air when I talk.					
I am frustrated by the changes in my voice.					
People think I'm sick because of my voice problem.					
Because of my voice problem, I speak less.					
It takes effort for me to speak.					
It annoys me when my voice doesn't work well.					
My voice problem affects what I want to do.					
People make negative judgments about me based on my voice.					
I worry about my voice.					
I had to stop taking part in an activity that is important to me because of my voice problem (singing, volunteer, work, etc).					
Because of my voice problem, other people talk for me.					

I don't like the way my voice sounds.					
My voice problem makes me sad.					
I completely lose my voice.					
I feel hindered (held back) because of my voice problem.					
Even though I have a voice disorder,...					
I talk on the telephone as much as I want.					
I like the way my voice sounds.					
I can talk as much or long as I want.					
My family and close friends understand me when I talk.					
My voice is as good as I want it to be.					
Total					